

Name:

## 36 COMPREHENSIVE

LESSONS from Malovance,
Wieneke, Melodia and Burgmayer

## ABOUT THE SINGING COMPANION

The Singing Companion is a carefully graded, step-by-step approach to reading music at first sight, commonly known as sight-singing. The 36 lessons of The Singing Companion follow and reinforce the pitch and rhythm sequence of the six levels (Levels Primer through Five) of the M.A.P. (Music Arts Proficiency) Voice form. The teaching goals, correlated music theory concepts and introduction of solfege syllables are presented in the colored boxes at the start of each lesson.

The aim is for singers and instrumentalists of all ages to be able to hear and sing musical phrases, aided only by a starting pitch and sense of key. After giving the initial pitch and solfege syllable, the instructor is encouraged to count off and beat time to encourage rhythm accuracy. This acquired musical literacy will speed the learning of music, and increase confidence and pleasure in making music.

Exercises are adapted from the three levels of The Weineke Method (Philip E. \& Valore Walters Weineke, ©1985, out of print) and the time-honored Melodia (Samuel W. Cole \& Leo R. Lewis, © 1909, public domain). Additional exercises were written by Beth Malovance and Dr. Harold Burgmayer, with editorial assistance from Priscilla Burgmayer and Dr. Beatrice Holz. Typesetting was by Marty Thomas, with educational heading content and layout by Beth Malovance.


## CURWEN HAND SIGNS

The application of solfeggio is best reinforced by using the Curwen hand signs or by adjusting your hand by levels to help indicate the pitches going up or down. This aids in connecting physically to what you hear and will also help show the contour of the melody. Pay careful attention to placement of the hand in relationship to the body. Use the diagram below to help you.





## NOTES


re


## RHYTHM


d

r




## TERMS \& SYMBOLS

An "interval" is the distance between two notes.

$m \quad \mathrm{f} \quad \mathrm{s} \quad \mathrm{m} \quad \mathrm{d}$

d





S






| 4 | - . . | - |
| :---: | :---: | :---: |
|  | d. | ? |
| counting | 1-2-3 | 4 |
| other counting | ta - ah - ah | sh |


| $\boldsymbol{\rho} \cdot=$dotted half note <br> three beats of sound |
| :--- |
| $\mathbf{3}$Three quarter note beats <br> in a measure |






## TERMS \& SYMBOLS

When using moveable do, "do" changes depending on the key signature. So far, we have used F Major (Lessons 1-6), D Major (Lessons 7-12), and C Major (Lesson 13). Now in Lesson 14 we will add G Major.


C Major


${ }^{6}$ Maior






m



m



Below are the key signatures and starting "do" solfeggio for every sharp key signature. Before you sing an exercise, always state the key, what pitch do is, and the starting solfege pitch.



d t


4








## TDRMS \& SYMBOLS

1st and 2nd endings are used when different endings should be played at the end of a repeated passage.
$\|: \quad:\|$
Repeat signs enclose a passage that should be played more than once.

## RHYTHM




D.S. al Coda $\Theta^{\text {Coda }}$


The chromatic scale is comprised entirely of half steps. Below you see the solfege syllables and their pronunciation for each descending half step. Remember when using "movable do," do is always the first note of the scale, which is determined by the key signature.


## RHYTHM

Syncopation is a shifting of the normal accent within a phrase and placing it off the beat. More simply put, it means playing "off-beat."







[taken from Melodia - pp. 21-25]

38



11





S
3

[taken from Melodia - pp. 26-29]



7

d



11



| RHYTHM |
| :---: | :---: |
| 2 Three half note beats |
| in a measure |




3

[taken from Melodia - pp. 47-54]

44


6



Minor scales share the same key signatures as major scales, but instead of starting on do, the minor scale starts on la. Also, we can learn to sing the minor scale by singing la to la.

C Major a minor
F Major d minor
G Major e minor


Make sure to check the "road map" before you start singing by checking for repeat signs, 1st and ind endings, etc.

Also look to see where you are singing in unison (together). This can help you find your pitch with the other part.

7


fie si la


9


46


10




Always remember to take care of your voice. As you start to sing more and more, you need to hydrate and rest as well. Never strain your voice. If it hurts, stop. Never sing to the edge of your voice. Listen to your body and make good decisions for your overall vocal health.

te

[taken from Melodia - pp. 61-66]

48




5


6

 9


O



## TERMS \& SYMBOLS

Modulation is the term used to describe the changing of a key within a piece of music. In these exercises, notice that the key signature changes before you reach the final double bar. Exercise number one starts in C Major (inidcated by C:) and "c" is do. At measure five, (after the double bar line, ) the key shifts to G Major (G:), where the new do is now "g." Four bars later, the key changes back to C Major (C:), with "c" again as do.

In some exercises, like number three, five and six, there may be hints of a key change, signaled by a number of chromatically altered tones. If the key does not change significantly, use the chromatic solfeggio within that same key signature.


$\square$

d C: s

52



4


5
C:
d
F: s
C:


6
F: d




12


Bb:
Bb :

Here is a review of all twelve major key signatures and the respective $d o$. When changing key in the middle of a tie you will not change the syllable but instead, think it. This way you are not affecting the rhythm. You will see the solfege to be thought, within parenthesis. It is important to hear this syllable in your mind, so that you can anticipate the note you are going to next.


Look out for sequences within the music. A sequence is a succession of repetitions of a melodic phrase or harmonic pattern, each starting at different pitch levels. The succssion of pitch intervals or harmonics within the sequence rise or fall by the same or similar intervals.

## 1



D: d
G: m
[taken from Melodia - pp. 76-77]

56


5


6



8


9




[taken from Melodia - pp. 81-84]



8


9





$$
217 \mathrm{dm} \text { : do }
$$

(1)
18 Eb:mi



[taken from Melodia - pp. 85-86]

64


4
5


6


7



10


11



15
 16


17



2






12


70




16



Now that you have mastered the major scale, it is important to learn different variations on it. One common variation is the scale in thirds. This pattern uses thirds ascending and seconds descending.


Major arpeggio $\underset{\sim}{2}$ $\begin{array}{lllllll}d & m & s & d^{\prime} & \mathrm{s} & \mathrm{m} & \mathrm{d}\end{array}$
minor arpeggio

$\begin{array}{lllllll}\mathrm{r} & \mathrm{f} & \mathrm{l} & \mathrm{r}^{\prime} & \mathrm{l} & \mathrm{f} & \mathrm{r}\end{array}$

$\min 3$

[taken from Melodia - pp. 91-92]



$\geq 12$


13




17




19


TDRMS \& SYMBOLS
To invert a triad, move the relative octave of any note in the triad either up or down. A triad in root position ( $d-m-s$ ) can be inverted to first inversion ( $m-s-d$ ') or second inversion ( $s-d$ ' $-m^{\prime}$ ).


TIPS
Breath support is essential to singing. Be sure to fill up completely and do not raise your shoulders or allow tension in your body. You should take a low breath that will fill both the back and chest cavity. Inhale a quiet breath, wide and deep, to fill the back and chest cavity.





[taken from Melodia - pp. 101-107]







10


78

m


12





m
16


## TIPS

Congratulations, this is your final lesson in the Singing Companion! You are now able to read music with reasonable accuracy and skill. Continue to improve your sight-singing skills. Look for groups that you can perform with at the Corps, Divisional, Territorial and Community levels. Find leadership opportunities and teach others. Use solfege whenever you can to sort out musical lines. Even as you are singing more difficult music, do not forget the basics.
Always aim for a free and pure sound, using great posture and proper breath support.

## O 1



2

[taken from Melodia - pp. 87-88, 126, 132-133]


4


5




7


8

$84$




| Interval | Solfege* | ASCENDING |
| :---: | :---: | :---: |
| Perfect octave |  | Some-where over the rainbow <br> l'm singin' in the rain <br> Chest-nuts roasting |
| Major seventh |  | Some-where o-ver the rainbow Superman theme I love's you Por-gy |
| minor seventh |  | There's a place for us (Somewhere) Star Trek theme (original $1^{\text {st }}$ two notes) |
| Major sixth |  | My bon-nie lies over the ocean Dash-ing through the snow It came upon the midnight clear For he's a jolly good fellow |
| minor sixth |  | Where do I be-gin (Love Story) When Mo-ses was in (Go Down Moses) The Entertainer ( $3^{\text {rd }}$ and $4^{\text {th }}$ notes) |
| Perfect fifth |  | Twinkle, twinkle little star God rest ye merry gentlemen Star Wars opening ( $1^{\text {st }}$ two notes) |
| Tritone (aug4, dim5) |  | Ma-ri-a (West Side Story) Simpsons theme |
| Perfect fourth |  | A-maz-ing grace <br> Here comes the bride <br> We wish you a merry Christmas O Christ-mas tree |
| Major third |  | Oh, when the saints Kum-ba-yah Sweet hour of prayer |
| minor third |  | What child is this? (Greensleeves) <br> O Can-ada (Canadian anthem) Go to sleep (Brahms lullaby) |
| Major second |  | Peo-ple, people who needpeo-ple <br> Fre-re Jacques <br> Ru-dolph the red-nosed reindeer |
| minor second |  | Jaws (theme) <br> I'm dream-ing of a white Christmas |

*Solfege syllables are indicated using moveable "do."

| Interval | Solfege* | DESCENDING |
| :---: | :---: | :---: |
| Perfect octave |  | Be pre-sent at our table, Lord (tune: Congress) <br> Peace on the earth (It Came Upon the Midnight Clear) |
| Major seventh |  | Try to re-mem-ber the kind |
| minor seventh | $\int_{e_{t e} \quad \mathrm{~m}}^{\mathrm{O}_{\mathrm{do}}}$ | All I ask for is one love, one life-time The Girl with the Flaxen Hair ( $1^{\text {st }}$ and $4^{\text {th }}$ notes) |
| Major sixth |  | No-body knows the trouble |
| minor sixth |  | Where do I begin (Love Story) |
| Perfect fifth |  | Flint-stones, meet the Flint-stones |
| Tritone (aug4, dim5) |  |  |
| Perfect fourth |  | O come all ye faithful <br> I've been workin' on the railroad Eine Kleine Nachtmusik |
| Major third |  | Swing low, sweet chariot <br> Sum-mer-time (Gershwin) <br> Symphony No. 5 fate motto (Beethoven) |
| minor third |  | Hey Jude (Beatles) <br> Fros-ty the snowman Je-sus loves me (sol-mi-mi-re) |
| Major second |  | Yes-ter-day (Beatles) Mem-ories light the corners |
| minor second |  | Fur Elise (Beethoven) Joy to the world (do-ti-la-sol) O lit-tle town of Bethlehem |

[^0]| RHYTHM | KODALY SYLLABLES | TAKADIMI | COUNTING |
| :--- | :--- | :--- | :--- |


| Duple Time (2/4, 3/4, 4/4) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| o $4 \text { ? }$ | ta (tah) <br> ti-ti (tee-tee) ta-ah ta-ah-ah ta-ah-ah-ah sh, ts sh-m, ts-ts sh-m-m-m, ts-ts-ts-ts** | ALTERNATIVE COUNTING "GORDON" ta-ti* | ta (tah)* <br> ta di <br> ta <br> ta <br> ta <br> (ta) <br> (ta) <br> (ta) | $\begin{aligned} & 1 \\ & 1+(\mathrm{an}) \\ & 1-2 \\ & 1-2-3 \\ & 1-2-3-4 \\ & \text { rest } \\ & \text { rest } \\ & \text { rest } \end{aligned}$ |
|  | ta-i-ti <br> syn-co-pa | ta-(ah)-ti | ta $\qquad$ mi <br> ta di $\qquad$ mi | $\begin{aligned} & 1 \quad \text { _ }(2)+ \\ & 1 \text { an_da } \end{aligned}$ |
|  | ti-ri-ti-ri <br> ti-ti-ri <br> ti-ri-ti <br> tim-ri <br> ti-rim | $\left\lvert\, \begin{aligned} & \text { ta-ki-ti-ki* } \\ & \text { ta-ti-ki* } \\ & \text { ta-ki-ti* } \\ & \text { ta-kim* } \\ & \text { ta-kim* } \end{aligned}\right.$ | ta ka di mi ta $\qquad$ di mi ta ka di $\qquad$ ta $\qquad$ mi ta ka $\qquad$ | $\left\{\begin{array}{lr} 1 & \mathrm{e}+\mathrm{a} \\ 1 & + \\ 1 & \mathrm{e}+{ }^{2} \\ 1 & \mathrm{a} \\ 1 & \mathrm{e} \\ \hline \end{array}\right.$ |
| Compound Time (6/8, 9/8, 12/8) |  |  |  |  |
|  | tri-po-let <br> ti-ti-ti ti-ti-ti <br> ta-ti ta-ti <br> ti-ta ti-ta <br> ta- ta- | ta-ti-ti ta-ti-ti <br> tam - tam | ta ki da <br> ta ki da ta ki da ta _da ta _da <br> ta ki $\qquad$ ta ki $\qquad$ ta ta | 1 an da <br> 1 an da 2 an da <br> 1 $\qquad$ da 2 $\qquad$ da 1 an $\qquad$ 2 an $\qquad$ 1 $\qquad$ 2 $\qquad$ |

* With Gordon counting, ta is always on the beat, no matter what rhythmic value. ** The whole rest equals one entire measure regardless of the time signature. (i.e. 2 beats in $2 / 4$ time, 3 beats in $3 / 4$ time, etc.)


SOLFEGE TREE
Chromatic Scale
(each $\nearrow$ represents a half step)


[^0]:    *Solfege syllables are indicated using moveable "do."

